

CURRICULUM VITAE

Pamela J. Letts, MD

January 2006

HOSPITAL PRIVILEGES: 1981-1983 Associate Staff at Scarborough Centenary Hospital.
1981-1996 Courtesy Staff at Sunnybrook Health Center.
1982-1997 Active Staff at Women's College Hospital.
1998- present Courtesy Staff at Sarasota Memorial Hospital.

AWARDS:

1965 Phi Sigma Biological Honorary Society (USA)
1991 Stanley Kushner Award for research in hypnosis (Canada)
1996 Long Service Award, Women's College Hospital (Canada)

TEACHING:

Teaching Assistantship in zoology, cell biology, 1967-1969, University of Toronto. Assistant Professor in 1995, Department of Family and Community Medicine, University of Toronto. Undergraduate and residency teaching at Women's College Hospital and in my private practice (1982-1996). Taught obstetrics (1982-1989) and presented rounds on various topics (spinal manipulation, nutrition, obstetrics, hypnosis, grief counseling, etc.) Participated in mentoring female medical students (1993-1995). Examiner of CCFP exams (1986). Judge in resident research project presentations for the DFCM (1993). Trained residents in taking simulated office orals for their board exams in family practice. Organized CME meetings on approaches to treating back pain, prostate cancer and prenatal counseling.

2005 Appointed Clinical Assistant Professor at FSU. Teaching 3rd year medical students.

CURRENT AREAS OF CLINICAL INTEREST:

Geriatrics, women's health, spinal manipulation, primary care counseling, medical hypnosis.

PUBLICATIONS:

Numerous scientific publications in biochemistry. Titles available on request.

Resident research project. "The Use and Effectiveness of Vitamin E in the Treatment of Angina and Peripheral Vascular Disease". 1981. Presented at Ontario Family and Community Medicine annual meeting 1981.

"The Use of Hypnosis in Obstetrics. A Preliminary Study". *Jl Women's Health* 2(4):335-341, 1993.

COMMUNITY SERVICE:

Ontario Society of Clinical Hypnosis. Medical Director to the Board 1992-1994. Taught workshops in hypnotherapy to medical students, hospital staff and for OSCH twice annual workshops at the beginners and intermediate level.

Ontario Medical Association. 1985-1996. Delegate to Council. Former Secretary, Vice President and President of the Women's College Hospital branch society of the OMA. District 11 (Toronto) elected representative to the Executive Section of General and Family Practice of the OMA (1993-1996).

Community Quilt Project. Bethesda House, Sarasota, AIDS Community Center. Co-Chair of charity event, 2001. Co-chair of benefit luncheon for The Salvation Army, 2005.

Education Center, Grand Bay and Windward Bay, LBK. Talks on Preventive Medicine, Osteoporosis, Alternative Medicine, and What's New in Medicine: The FDA and Prescription Drugs.

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January 2006 *7*

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 Sarasota, Florida
 34235 USA
 941 371-0068 (H)
 941 400-8660 (Ccell)

Business: Centre Shops Family Practice & Urgent Care
 5370 Gulf of Mexico Drive
 Suite 205
 Longboat Key, FL 34228
 (941) 387-1211 Phone
 (941) 387-1220 Fax

EDUCATION:

- 1966 Bachelor of Science (Biology) Bucknell University, Lewisburg, PA. USA
- 1969 Master of Science (Cell Biology) University of Toronto, Toronto, Ontario, Canada. Teaching Assistantship for two years at graduate and undergraduate levels.
- 1979 Medical Degree, University of Toronto, Toronto, Ontario, Canada. Clinical Clerkship (4th year) at Women's College Hospital.
- 1981 Certification in the Canadian College of Family Practice. Two year residency at Sunnybrook Health Center. Elective training in ENT, nutrition, endocrinology, dermatology, physical medicine, osteopathy, and couple counseling.
- 1994 Licensed to practice medicine in the State of Florida.
- 1996 Certified and approved consultant in American Society of Clinical Hypnosis.
- 1997 Diplomate, American Board of Family Practice.
- 2004 Recertification ABFP
- 2005 Awarded Fellowship in the American College of Family Practice. FACFM.
- 2005 Awarded Fellowship in the Canadian College of Family Practice. FCFP.

WORK EXPERIENCE:

- 1966-1977 Research assistant in biochemistry. Laboratory of Dr. H. Schachter, Faculty of Medicine, University of Toronto.
- 1981-1982 Locum tenens, group practice, Scarborough, Ontario. Associate staff privileges Scarborough Centenary Hospital.
- 1981-1995 Associate partnership (solo family practice) with Dr. J. David Stewart, Toronto, Ontario, Canada. Part-time teaching practice in the Department of Family and Community Medicine, at Women's College Hospital, University of Toronto. Promotion to Assistant Professor - 1995.
- 1995 Walk-in/urgent care (Dr. Linda Schlumbrecht) in Sarasota, Florida for 5 months.
- 1996-2002 Bay Isles Medical Center, Longboat Key, Florida. Solo practice in family medicine/urgent care. Staff doctor, medical director and chief operating officer (five employees).
- 2002- present Contract doctor at Doctors Walk In Clinic (owner Dr. Stephen Dickey) in the greater Tampa area.
- 2003- present Solo practice. Pamela J. Letts, MD, PA. Centre Shops Family Practice and Urgent Care, LBK, FL.

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COMMUNITY SERVICE (continued):

SONG: Member of the Sarasota Choral Society since 1998. Member of choir and usher at Unity Church since 2000. Member of the Meadows Chorus since 2004.

2007 Hosted talk on "Passionate Longevity" presented by Dr Elaine Dembe at The Education Center on LBK.

2005,2007 Sponsored Health Fair at Centre Shops given by the Chamber of Commerce for the public.

2008-2010 Elected to the board of the LBK Chamber of Commerce.

PARTICIPATION IN, AND ORGANIZATION OF CONTINUING MEDICAL EDUCATION:

- 1989 "Uses of Medical Hypnosis." Ontario Society of Clinical Hypnosis. Ontario, Canada
- 1989 "Antenatal Counseling: What to say to your patients." Organized for obstetrical staff and residents. Women's College Hospital. Toronto, Ontario, Canada.
- 1991 "The Physical Management of Back Pain." Organized for DFCM at Women's College Hospital.
- 1994 "Controversies in Care: Prostate Cancer." Organized for DCFM at Women's College Hospital.
- 1999 "Hot Flashes and Hot Dates. Healthy aging in the second half of women's lives." delivered to the Toronto Dental Institute annual winter convention, Metro Convention Center, Toronto, Ontario Canada.
- 2000 "Healthy Aging Beyond 50." Half day symposium on women's health for the lay public. Organized and presented at the Holiday Inn, Longboat Key, Florida, USA..
- 2002 "Private Parts" Half day symposium on men's health. Organized event and presented talk at the Holiday Inn, Longboat Key, Florida, USA.
- 2002 "Hot Flashes and Hot Dates. Healthy aging in the second half of women's lives." and, "Osteoporosis: What do I tell my patients?" Sea Courses on Women's Health, Celebrity Lines, Alaska, USA.
- 2003 "Healthy Aging Beyond 50" seminar given at the Education Center on LBK.

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