

# Radiology Tests & Procedures

## Patient Instructions & Preparations

### X-RAY EXAMS

**Barium Enema** – May have light breakfast, then only clear liquids after 9 a.m. day before exam. No food or drink after midnight day before exam. Patient **MUST** follow these instructions or exam cannot be completed. Obtain bowel-cleansing kit at drug store and follow directions day before exam until test is completed.

**Barium Swallow** – No preparations required.

**Gastrografin Enema** – May have breakfast, then drink only clear liquids after 9 a.m. day before exam. No food or drink day of exam until test is completed.

**IVPs Prep** – May have all meals the day before exam. No food or drink after midnight; may have small sips of water in morning, if needed. A Creatinine test must be obtained within 30 days prior to exam. No other prep is required.

**Small Bowel or Upper GI** – May have breakfast and lunch the day before exam, then only liquid at dinner until bedtime. No food or drink after midnight until exam is completed. Patient may continue their medications until 2 hours before exam.

### ULTRASOUND EXAMS

**Abdomen Prep** – Water (non-carbonated) only for 8 hours prior to exam, nothing to eat for 8 hours.

**GU Prep** – Drink 36 oz. of water 1 hour prior to exam (nothing to eat for 6 hours). Do **NOT** empty bladder

**Obstetrical Prep** – Drink 36 oz. of water 1 hour prior to exam. Do **NOT** empty bladder.

**Pelvis Transabdominal Only** – Drink 36 oz. of water 1 hour prior to exam. Do **NOT** empty bladder.

**RUQ Prep** – Water (non-carbonated) only for 8 hours prior to exam. Nothing to eat for 8 hours.

### CT & BIOPSIES

Patients undergoing CT scans **with contrast** may have **only clear liquids 4 hours** prior to exam. A Creatinine test is required within 30 days prior to exam date.

### MRI/MR-ANGIO/MR- ARTHOGRAMS / INTERVENTIONAL ANGIOS

If you are **claustrophobic**, please inform **scheduling** to obtain the proper medication. Do not wear jewelry. Please bring a CD of your choice to listen to while your study is being completed.

All IV Conscious Sedation patients may have clear liquids 6 hours prior to exam.

### INVASIVE PROCEDURES

No food or drink 6 hours prior to IV Conscious sedation.

You may take your regular medications with small sips of water.

Stop taking the following medications before your exam (*but before discontinuing any medications, please talk to your physician*)

- No Plavix for 5 days
- No Coumadin for 3 days (*blood work will be drawn the morning of your test to assure safe levels before proceeding*)
- No Aspirin for 1 day
- No Lovenox for 1 day
- Do not take your oral diabetic medication. If you are injecting insulin, administer only half your normal dose in morning.

Bring your written order for the procedure and any x-rays, Cat Scans, or MRI films pertaining to your case.

Arrange for someone to drive you home after your procedure. For most procedures, sedation will be given to you through an IV. Expect to recover 4-6 hours after your procedure.

#### These procedures are considered invasive and require conscious sedation.

- Ablations (*liver or kidney*)
- Angiography
- Arteriograms
- Aspiration
- Biopsy (*Lung, Liver, Kidney, Muscle, Thyroid, lymph nodes, etc.*)
- Bone Marrow
- Cat Scan
- Discogram
- Drainages (*percutaneous nephrostomy, biliary drains, etc.*)
- Embolizations (*Uterine Artery, Varicocele, Hepatic artery, AVM, etc.*)
- Inferior Vena Cava Filter
- Port Placements
- TIPS procedure
- Vertebroplasty

**Questions? Call 917-8035 with any other Radiology/Imaging preparation questions.**